

MEDICAL INFORMATION FOR FITNESS TO TRAVEL (MEDIF)

Ref: CAB-FRM-023

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MEDIF - PART A (To be read and understood before filling MEDIF - PART B and PART C)

Processing the MEDIF:

The completed MEDIF PART - C, accompanied by a Medical Certificate with a latest medical diagnosis report from the treating physician:

- Should be submitted to Air Sevchelles Sales and Reservations or a travel agent at least 72 hours before the passenger's travel date;
- Should be completed based on the passenger's condition within 10 days of the passenger's travel date; (eg: If departure date is on the 20th May, doctor's diagnosis report should be dated not before the 10th May)

 The **Medical Certificate** / **medical diagnosis report** should state that the passenger is **fit to travel**.
- All sections should be completed clearly, in Block letters, stamped, dated and signed as indicated on the forms.

Note: Air Seychelles shall be notified immediately of any significant adverse change in the passenger's condition before commencement of travel and during the trip; a new MEDIF and Medical Certificate / Diagnosis Report stating fitness to travel shall be required.

MEDIF Part A - Gives guidance to passengers and their physician on how to complete Part B and C accurately. **MEDIF Part B -** To be completed by passengers or travel agent. Declaration should be **signed** / **validated** and

dated by passengers.

MEDIF Part C - To be completed, stamped, signed and dated by the treating physician.

Guidance for physicians:

The Principal factors to be considered when assessing a patient's fitness for air travel are:

Reduction in atmospheric pressure with resultant gaseous expansion.

(Cabin air pressure changes greatly after take-off and before landing and gas expansion and contraction can cause pain and pressure effects; especially important for gas in the brain, eyes, sinuses, gastrointestinal tract and lungs).

Reduction in oxygen partial pressure. 2.

(The cabin is pressurized to an altitude equivalent of 6000 to 8000 feet and oxygen partial pressure is about 20-25% less than on the ground. Patients with cardiorespiratory disease or anaemia may be at risk).

Conditions that require Medical Clearance

Medical clearance and company approval will be required for the following passengers:

- who would require medical attention and/or special equipment to maintain their health during the flight;
- 2. 3. who may have their medical condition aggravated during or because of the flight;
- who are completely immobile (WCHC);
- 4. who are suffering from a disease, infection or condition which is believed to be actively contagious and communicable;
- 5. who require a stretcher;
- 6. who require medical oxygen during flight;
- whose medical condition is such that reasonable doubt exists that they can complete the flight safely without requiring extraordinary medical assistance during flight; this includes but is not limited to passengers who:
 - suffer from unstable medical conditions (physical or psychological);
 - have recently suffered from a major medical incident (heart attack, heart failure, stroke, respiratory failure); ii.
 - require use of their battery-powered medical equipment in-flight, such as Portable Oxygen Concentrator iii. or ventilator;
- who would need to undertake any medical procedure during flight, e.g. administering injections; iv.
- suffer from thrombophlebitis;
- vi. are traveling with an infant aged 7 days or less, or a premature infant (who does not require an incubator).

Therapeutic Oxygen:

- Air Seychelles provides therapeutic oxygen with continuous flow on board all our aircraft for passengers who have a prediagnosed medical condition. This service must be requested at least 72 hours prior to departure.
- Air Seychelles uses the "Zero Two" oxygen cylinder which is compatible with other medical equipment.

NOTE: Passengers requiring oxygen during flight shall always be accompanied by either a qualified medical doctor, a paramedic or a nurse.

Medical Assistive Devices:

- Personal electronic respiratory assistive devices such as ventilators, respirators, Continuous Positive Airway Pressure machines and Portable Oxygen Concentrators, approved by European Aviation Safety Agency (EASA) may be permitted to be carried / used on our aircraft.
- This is provided they can be stowed in a way that meets safety regulations and certain safety conditions and the device(s)' operating requirements are followed. Prior approval is required for the passenger's assistive device.
- Passengers shall ensure that the assistive devices have sufficient battery supply to last for 1.5 times the flight duration.
- Prescription medication, portable dialysis devices and any medical devices needed to administer them, such as syringes or auto-injectors are permitted as long as they comply with applicable safety, security and hazardous material regulations.

proval for Travel of MEDA Cases: Air Seychelles shall provide a stamped, dated and signed Approval for Travel of MEDA Cases certificate, a copy of which is given to passengers by Sales and Reservations or the travel agent. Passengers may be requested to show the certificate at any time during their trip and so are advised to make it available.



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MEDIF - PART B (To be completed by Passenger or Travel Agent in block letters - all sections are MANDATORY)

1.	PASSENGER DETA								
2.	FLIGHT DETAILS:	Telepho	one						
2.1.	OUTBOUND:								
	PNR	Flight No	Date	From		То	Class	Status	
2.2.	INBOUND (RETURN):							
	PNR	Flight No	Date	From		То	Class	Status	
3. I	NATURE OF INCAPA	CITATION / ME	DICAL CONE	DITION:					
Ŭ. I	<u></u>								
4.	ASSITANCE REQUI	RFD (Tick 🗸 in	relevant box	\ <u>-</u>					
⊸.	STRETCHER	TED (TICK # III	relevant box	/•					
	SIRETUNER								
	OXYGEN (Request	XYGEN (Requested Therapeutic Oxygen/require medical Escort)							
	WHEELCHAIR (Specify WCHR, WCHS, or WCHC as per MEDIF Part C)								
	SPECIAL MEAL (R	SPECIAL MEAL (Refer to meal types listed at Air Seychelles Sales points)							
		APPROVAL FOR CARRIAGE OF MEDICAL EQUIPMENT (Specify EASA Authorized/ Approved Brand below)							
	NO ASSISTANCE I	REQUIRED							
5.	ESCORT DETAILS (Tick Vin releva	nt hov):						
J.	•		•	ESCORT NURSI		HAGICIVN	□ PARA	MEDIC	
	NOT REQUIRED [PERSONAL (N	ON-WEDICAL)	ESCORT NORSE		TITSICIAN	☐ PARA	IMEDIC	
Na	me of the Escort				PNR				
-	PASSENGER'S DEC	_							
	ereby authorize(name								
	ose as indicated over of confidentiality in re								
	ewith. I take note that								
carri	age/tariffs of the carri	er(s) concerned	and that the c	arrier(s) do not assur	me any	special liabi	lity exceed		
	ditions/tariffs. I am pre								
	e of health and I release								
	ee to reimburse the c read and understoo			eciai expenditures oi	COSTS	n connectio	n with my	carnage.	
	ssenger's Signature								
Da	te								



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MEDIF - PART C (To be completed by the treating physician in <u>block letters</u>- all sections are MANDATORY)

) Nature and date of any Surgery (if applicable):							
c) Prognosis for a safe trip: Good Guarded (Medical Escort Mandatory) Poor (Medical Escort Mandatory) Poor (Medical Escort Mandatory) Poor (Medical Escort Mandatory)							
b) Nature and date of any Surgery (if applicable):							
c) Prognosis for a safe trip: Good Guarded (Medical Escort Mandatory) Poor (Medical Escort Mandatory) Poor (Medical Escort Mandatory) Poor (Medical Escort Mandatory)							
d) Contagious and Communicable disease (if yes, specify): No Yes							
e) Intellectual Disability (if yes, specify): No Yes							
f) Vital Signs: BP: Temp: Pulse: RR: Oxygen Saturation (on room air):%							
g) If the patient uses supplemental oxygen, which flow rate does he/ she use on the ground:	L/min						
h) Recommended aircraft altitude (if applicable) FT.							
) Oxygen saturation on supplement oxygen (if applicable):%							
) Haemodlobin (haemorrhage, maior trauma, maior surgery, chronic illness, cancer, kidney o	disease) a/dL						
Section 2: SEATING REQUIREMENTS							
☐ Upright (must sit upright during take-off and landing) ☐ Stretcher ☐							
Section 3: TRAVELLING WITH OXYGEN							
Option 1 – Air Seychelles provides continuous flow of oxygen on board. Tick ✓ on the re □ 2LPM □ 4LPM □ □ □	equired flow rate.						
Option 2 - Personal Oxygen Concentrator - Type:(O	nly EASA approved)						
☐ Option 3 – No supplement oxygen required.							
Section 4: REQUIREMENT OF ESCORT							
Option 1 – No assistance required							
Option 2 - The patient needs an escort to take care of his/her needs on board, which ma	ay include meals, visiting the						
Lavatories administering medication, etc. If yes, tick ✔in relevant box: ☐ Physician ☐ Nurse ☐ Personal (Non - medica	al) Escort						
Section 5: OTHER ARRANGEMENTS 1) Wheel Chair Requirement (Tick ✔ on the required one):							
To the aircraft (WCHR) Unable to climb steps (WCHS)							
Inside the cabin (WCHC) Own wheelchair (if electric, must be dry cell operate	ed only)						
2) Hospitalization/Ambulance Requirement: No Yes (if yes, provide telephonomole: All hospital and ambulance arrangements must be made by the							
a) Origin: b) Destination:							
3) Medication or Medical Devices Required on board: No Yes (if yes, ple	ease specify below)						